

# WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

## MMC Celebrates the Value of Integrity - Be a Role Model

Maine Medical Center is celebrating the value of Integrity throughout April, one of six core values that are foundational to our organization.

Integrity is a value that resonates with our patients, their families, and our colleagues throughout MMC. Over the past year, more than 800 of us have acknowledged colleagues with "Moment to Shine" recognitions for Integrity.

One Integrity-based recognition shows a high degree

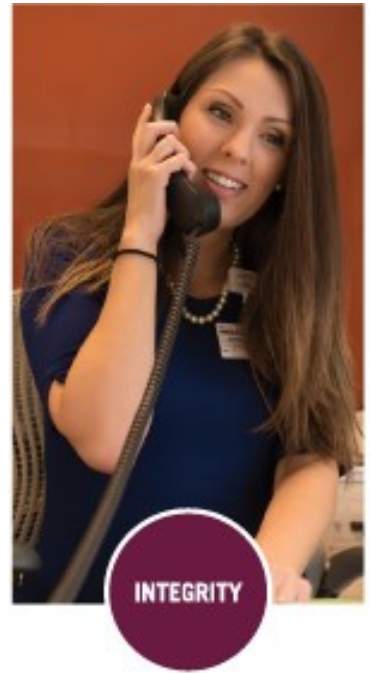
of professionalism: Senior Tech Training Analyst Katelyn Beeley was cited for her Integrity "in providing consistently accurate and thorough training materials, tip sheets, and workflow guides to the myriad of staff roles under her purview. She does not cut corners when it comes to researching the details and compiling the information."

Another lauds colleagues Surgical Tech Lead John Garrett and Clinical Nurse II Carrie Porcelli who rose

to the occasion when asked to lend their expertise to provide specialty assistance in a medical procedure:

"You had both just come from long procedures, spent your day working. And yet the moment you heard that others had need, you stepped up and assisted.... It shows a high degree of integrity and professionalism and deserves to be recognized."

Integrity means being a role model, and these colleagues fit the bill.



## Pro Bowling's 'Deadeye' Visits MMC Cystic Fibrosis Patient



When Aaron Thiboutot, 23, was recently admitted for cystic fibrosis at MMC, he knew it meant missing the Pro Bowlers Association League Playoffs tournament at Portland's Bayside Bowl.

Knowing what an avid bowler Aaron is (215 average) and that he was disappointed to miss the tournament, MMC's Dr. Bryan Beck asked the PBA if one of its pros could come visit with Aaron. Dr. Beck had no idea that visitor would be the legendary Walter Ray

Williams Jr., member of the PBA Hall of Fame and record holder for the most career PBA wins.

"He's the Tom Brady of bowling," Dr. Beck exclaimed. Aaron was equally surprised and delighted when "Deadeye," a resident of Oxford, Fla., walked into his room. Williams, who has bowled 85 career 300-score games, said he enjoys visiting with patients from time to time, especially those who love bowling as much as he does.

**Employee Appreciation Week is Coming, April 24 - 30**

# MMC Receives National Award for Sustainability

In recognition for achievements in sustainability and waste reduction, Maine Medical Center received a Partner Recognition Award from Practice Greenhealth, the nation's leading organization dedicated to environmental sustainability in health care. The award is one of the Environmental Excellence Awards given each year to honor environmental achievements in health care.

The award is given to health care facilities that are changing their practices to

become more sustainable and have achieved progress in areas such as waste reduction, renewable energy adoption, food purchasing and mercury elimination. They also must have a recycling rate of at least 10 percent for their entire waste stream.

"Your innovation, initiative, leadership, and hard work have earned you this important recognition," writes Cecilia DeLoach Lynn, Director of Sector Performance & Recognition, Practice Greenhealth. "We

thank you for being a role model for the healthcare sector."

MMC's Sustainability Committee has been working with departments across the hospital to get an accurate count of where waste is happening and providing solutions to eliminate waste, including recycling, repurposing, composting, and energy savings. The Committee is also celebrating Earth Day with an electronics recycling event for employees and local food menu in the Impressions

Café on Friday, April 21.

"As healthcare providers, sustainability gives us the opportunity to be the best stewards of our resources and is vital to our health mission," says Luis Soto, MHA, CMRP, Vice President, Supply Chain Management, MaineHealth. "Sustainability also helps protect our environment and community as we continue to remove waste from our value stream."

## MMC SUSTAINABILITY BY THE NUMBERS – 2016



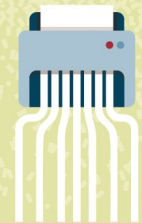
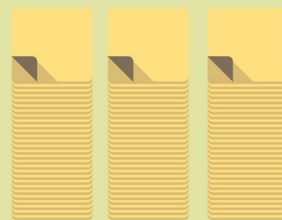
**1.5 MILLION**  
meals served



**146.25 TONS**  
of food waste  
composted

**118.75 TONS**

of cardboard  
processed



**76.6 TONS**  
of paper shredded  
and recycled



**65%**  
of cleaning  
chemical costs  
was for green  
products



Reprocessed  
**18,771 POUNDS**  
of OR devices



Reusable containers processed  
**48,732 POUNDS**  
of sharps